

Universitatea de Medicină, Farmacie, Științe și Tehnologie "George Emil Palade" din Tg. Mureș
Facultatea de Medicină
Departamentul M2
Disciplina: Nutriție comunitară și igiena alimentelor
Poziția: 93

LISTA LUCRĂRILOR ȘTIINȚIFICE SĂLCUDEAN (CZINEGE) MARIA GENȚIANA

1. TEZA DE DOCTORAT

- "Impactul statusului nutrițional și a răspunsului inflamator asupra evoluției pacienților cu infarct miocardic acut"
- Coordonator științific: Prof. univ. dr. Benedek Theodora
- Școala Doctorală a UMFST G.E. Palade din Târgu Mureș
- confirmată prin Ordinul Ministrului: nr. 3685/ 28.03.2025

2. CURSURI/MANUALE UNIVERSITARE

Coautor:

1. Tarcea Monica, Ruța Florina, Rus Victoria, **Sălcudean Maria**: „Principii de tehnologie alimentară”, pentru studenții specializării de Nutriție și dietetică, Editura University Press Târgu Mureș, 2017, 131 pagini.
2. Tarcea Monica, Ruța Florina, Rus Victoria, **Sălcudean Maria**: „Principii de igienă și siguranță alimentară”, pentru studenții specializării de Nutriție și dietetică, Editura University Press Târgu Mureș, 2017, 94 pagini.

3. CĂRȚI PUBLICATE

Coautor:

1. Tarcea Monica (coord), Pitea Ana Maria, Crăciun Claudiu, Ignat Sonia, Ruța Florina, Rus Victoria, Szasz Simona, Iacob Oana, **Sălcudean Maria**, Nașca Cristina, Nemes Levente: “Nutriția în ciclul de viață”, Editura University Press Târgu Mureș, 2017, 162 pagini, ISBN 978-973-169-507-5.

4. PROIECTE

1. Proiect FDI: „ComAnDER - Comunitățile Antreprenoriale SAS, accelerator pentru Dezvoltarea culturii și acțiunii antreprenoriale în Ecosistemul UMFST la nivel Regional” - CNFIS-FDI-2025-F-0211. Domeniul vizat: Susținerea activităților societăților antreprenoriale studențești (SAS) din cadrul instituțiilor de învățământ superior. –expert tehnic. 30.04.2025

5. LUCRĂRI/ARTICOLE PUBLICATE

Articole in extenso, publicate în reviste indexate ISI, cu factor de impact:

Prim-autor

1. **Czinege Maria**, Ruta Florina, Nyulas Victoria, Halatiu Bogdan, Nyulas Tiberiu, Benedek Theodora. Serum albumin concentration and risk of cardiovascular disease and acute

coronary syndrome-a narrative review. Journal Of Cardiovascular Emergencies 2024, 11(1):15-23. <https://doi.org/10.2478/jce-2024-0020> ISI, IF: 0,6.

2. **Czinege Maria**, Nyulas Victoria, Halatiu Bogdan, Tolescu Constantin, Cojocariu Liliana, Popa Teodora, Nyulas Tiberiu, Benedek Theodora. Interrelationship between Altered Left Ventricular Ejection Fraction and Nutritional Status in the Post-Acute Myocardial Infarction Patient. Nutrients 2024, 16(13):2142. <https://doi.org/10.3390/nu16132142> ISI, IF 4,8 în banda roșie.
3. **Czinege Maria**, Halațiu Bogdan, Nyulas Victoria, Cojocariu Liliana, Ion Bianca, Benedek Theodora, et al. Nutritional Status and Recurrent Major Cardiovascular Events Following Acute Myocardial Infarction—A Follow-Up Study in a Primary Percutaneous Coronary Intervention Center. Nutrients. 2024, 16(17):1088. IF 4,8 în banda roșie, <https://doi.org/10.3390/nu16071088>ISI.

Articole in extenso, publicate în reviste indexate ISI, cu factor de impact:

Coautor

1. Filip Cristina, Nyulas Victoria Ancuta, **Czinege Maria**, Puscas Amalia, Tero-Vescan Amelia, Costa Ioan, Ruta Florina. The effect of Aspergillus oryzae (Koji) on physicochemical, sensory characteristics and satiating capacity of angus beef. Foods. 2026, 15(8):1296. <https://doi.org/10.3390/foods15081296> ISI, IF 5,1 în banda roșie.

Articole in extenso, publicate în reviste indexate ISI, fără factor de impact:

Coautor

1. Simion Iustinian, Rus Victoria, **Sălcudean Maria**, Dogar Cătălin, Tarcea Monica, Ruta Florina. A pilot study evaluating preferences for caffeinated drinks consumption among Mures medical students, Bulletin UASVM Food Science and Technology, 2018, 75(1):15-20, print ISSN 2344-2344; electronic ISSN 2344-5300, DOI: 10.15835/buasvmcn-fst:00006, ISI indexed journal - Web of science core collection, indexata si BDI (DOAJ, Google Scholar, Index Copernicus, FSTA), ISI fara FI.

Articole in extenso publicate în reviste indexate BDI:

Prim autor

1. **Sălcudean Maria**, Rus Victoria, Ruța Florina, Dogar Moise Cătălin, Simion Iustinian, Nemes Levente. Eating behavior and food preferences among high school students from Târgu Mures. Acta Medica Marisiensis, 2018, 64(4):157-160.
2. **Sălcudean Maria**, Rus Victoria, Nyulas Tiberiu, Ruta Florina, Georgescu Mihai. Malnutrition risk assessment in patients with end-stage chronic renal disease admitted in the nephrology and dialysis compartment of the emergency county hospital Targu Mures. Medicine in evolution, septembrie 2019, ISSN 2065-376X.
3. **Czinege Maria**. Importanța indicilor de risc nutriționali asupra evoluției pacientului cu sindrom coronarian acut. The Romanian Journal of Nutrition. 2024, 4(4),38.<https://doi.org/10.26416/Diet.4.4.2024>.
4. **Czinege Maria**, Anamaria Cristina Hambețiu. Evaluarea statusului inflamator în funcție de indicele nutritional prognostic (PNI). The Romanian Journal of Nutrition. 2025, 6(2), 4. DOI: 10.26416/JourNutri.6.2.2025.

Coautor

1. Rus Victoria, Ruța Florina, **Sălcudean Maria**, Tarcea Monica, Șerban Costela, Avram Călin, Simion Iustinian, Benedek Theodora. Adherence to the DASH-style diet and the presence of cardiovascular risk factors in adults from Târgu Mures. Journal of Interdisciplinary Medicine, 2018, 3(3):134-140.
2. Liana Conțiu, Anamaria Cristina Hambețiu, **Czinege Maria**. Colaborarea dietetician-psihiolog în oncologie: aplicabilitate practică și beneficii documentate. The Romanian Journal of Nutrition. 2025, 7(3), 4. DOI: 10.26416/JourNutri.7.3.2025.

Articole publicate în rezumat în reviste și volumele unor manifestări științifice, cu ISBN sau ISSN, indexate ISI-prim-autor/coautor

Coautor

1. Cîmpeanu Cristina, Tarcea Monica, **Sălcudean-Czinege Maria**. "The beginnings of overweight and obesity have their roots before procreation". Al XXVII-lea Congres National de Endocrinologie 19-22 iunie 2019, Bucuresti, publicat in Acta Endocrinologica (The International Journal of the Romanian Society of Endocrinology), 2019, vol. XV, supplement 1, p 117-118, ISSN 1841-0987, categoria ISI, **IF=0.26**.

Articole publicate în reviste indexate B+:

1. **Czinege Maria**. Dislipidemia. Viața medicală, 2022, MedicHub Media, București. ISBN 978-606-95339-7-0.
2. Rus Victoria, **Sălcudean Maria**, Nyulas Tiberiu, et al. Nutrition status influence on clinical outcome in a group of patients with myocardial infarction. Acta Medica Transilvanica, 2019, 24(2):19-22.
3. Cîmpeanu Oana, **Sălcudean Maria**, Tarcea Monica. Obesity, exercise, and health, Health, Sports & Rehabilitation Medicine (former Palestrica of the Third Millennium), 2019, 20(1):26-31, ISSN: 26668-2303, cod CNCIS 68, categoria B+, indexată Index Copernicus, DOAJ și EBSCOhost. <https://doi.org/10.26659/pm3.2019.20.1.26>.
4. Nașca Cristina, Rus Victoria, **Sălcudean Maria**, Simion Iustinian, Tarcea Monica, Ruța Florina. Apitherapy pilot study-how to reduce risk for viral infections by strengthening the immune system in preschool children, Acta Medica Transilvanica (AMT), 2018, 23(3):83-86, ISSN: 2285-7079, cod CNCIS 70, categoria B+, indexată Index Copernicus și EBSCOhost, at <http://www.amtsibiu.ro/component/content/article/60-nr-3-2018/3154-issue-no-3-2018>.
5. **Sălcudean Maria**, Olariu Sabina, Radu Ioana, Tarcea Monica. The impact of diet upon student's school outcomes. Journal of School and University Medicine, 2017, 4(3):2392-8344.

Articole publicate în rezumat în volumele unor manifestări științifice cu ISBN sau ISSN:

1. **Czinege Maria**, Nyulas Victoria. Lipid profile in close relation with nutritional status in patients with Cardiovascular Diseases. National Conference on Nutrition and Dietetics with International Participation " Multidisciplinary Approaches in Nutrition and Dietetics",

Târgu Mures, 22-24 mai 2025, (Rezumat publicat în Acta Medica Marisiensis, 2025, 71(3):10, ISSN 2668-7755).

2. **Sălcudean Maria**, Tarcea Monica, Ruta Florina, Moldovan Geanina. Food consumption and its impact on health in a community from Targu Mures. The 6th, National Conference on Nutrition and Dietetics "Nutrition in Relation to general and Oral Health-an interdisciplinary approach", Târgu Mureș, 09-11.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(3):20, ISSN 2068-3324).
3. **Sălcudean Maria**, Tarcea Monica, Ruta Florina, Rus Victoria, Moldovan Geanina, Sipos Remus. Study of nutritional behavior and food association from a Targu Mures community. National Conference "Day of the family doctor" Family Medicine: a holistic approach centred on the patient, Targu Mures, 15-18.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(4):15, ISSN 2068-3324).
4. **Sălcudean Maria**, Rus Victoria, Fazakas Matild – Evelin, Tarcea Monica. Food preferences and features of people who has gluten free diet. The 5th National Conference on Nutrition and Dietetics "Current nutritional approaches to food allergies and intolerances", Targu Mures, 04-05.05.2018, (Rezumat publicat în Acta Medica Marisiensis, 2018, 64(2):15, ISSN 2068-3324).
5. **Sălcudean Maria**, Nasca Cristina, Dogar Catalin Moise, Simion Iustinian, Rus Victoria, Tarcea Monica, Ruta Florina. Eating behavior and food preferences of Târgu Mures high school students. The 16th International Symposium „Prospects for the 3rd Millennium Agriculture”, Cluj Napoca, 28-30 Septembrie 2017 (Rezumat publicat in Bulletin of University of Agricultural Sciences and Veterinary Medicine Cluj-Napoca. Agriculture, 2017;4:405, ISSN: 2392 – 6937).
6. **Sălcudean Maria**, Nasca Cristina, Dogar Catalin Moise, Tarcea Monica, Nechifor Ligia, Vlasin Adela, Rus Victoria. Links between obesity and body mass index of teenagers from Mures county high schools. Psycho-nutritional relationship and TV commercials. The 4th Dietitian National Conference “Child obesity - Updates, Prevention and Treatment Perspectives”, Târgu Mureș, 1-2 noiembrie 2017 (Rezumat publicat în Acta Medica Marisiensis, 2017;63(3):28, ISSN 2068-3324).
7. **Sălcudean Maria**, Tarcea Monica. Diet and other risk factors present in patients with diabetes in Ludus city. International Scientific Congress for Students, Young Physicians and Pharmacists "MARISIENSIS", Târgu Mureș (Rezumat publicat în Acta Medica Marisiensis, 2013;59(1):64, ISSN 2068-3324).
8. Cinpeanu Oana Cristina, Tarcea Monica, **Czinege Maria**, Ruta Florina, Rus Victoria, Nemes Levente, Guine R.: “Romanian’s attitude regarding information sources about healthy food products”, The 18th International Symposium "Life sciences for Sustainable Development", USAVM Cluj Napoca, 26-28 sept 2019, book of abstracts nr. 6:259, ISSN 2392-6937.
9. Moldovan Geanina, Tarcea Monica, Ruta Florina, **Sălcudean Maria**, Rus Victoria, Sipos Remus, Voidazan Septimiu. Evaluation of knowledge of Mures County population regarding nitrite and nitrate content of food products. The 6th, National Conference on Nutrition and Dietetics with International Participation "Nutrition in Relation to general

and Oral Health-an interdisciplinary approach", Targu Mures, 09-11.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(3):14, ISSN 2068-3324).

10. Moreanu Clara, Rus Victoria, **Sălcudean Maria**, Ruta Florina. Influence of nutritional status on clinical evolution in a group of patients with myocardial infarction. The 6th, National Conference on Nutrition and Dietetics with International Participation "Nutrition in Relation to general and Oral Health-an interdisciplinary approach", Targu Mures, 09-11.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(3):15, ISSN 2068-3324).
11. Ruta Florina, Tarcea Monica, **Sălcudean Maria**, Moldovan Geanina, Sipos Remus. Assessment of consumption of foods containing food additives in a group of young people from Targu Mures. The 6th, National Conference on Nutrition and Dietetics with International Participation "Nutrition in Relation to general and Oral Health-an interdisciplinary approach", Targu Mures, 09-11.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(3):19, ISSN 2068-3324).
12. Tarcea Monica, Cinpean Cristina, Ioga Daniel, Cojan Paul, **Sălcudean Maria**, Rus Victoria. Monitoring the risk for obesity at Mures county students. The 6th, National Conference on Nutrition and Dietetics with International Participation "Nutrition in Relation to general and Oral Health-an interdisciplinary approach", Târgu Mureș, 09-11.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(3):23, ISSN 2068-3324).
13. Moldovan Geanina, Tarcea Monica, Ruta Florina, **Sălcudean Maria**, Rus Victoria, Sipos Remus, Voidazan Septimiu. Assessing the attitude of a group of Mures citizens upon air pollution. National Conference "Day of the family doctor" Family Medicine: a holistic approach centered on the patient, Targu Mures, 15-18.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(4):10, ISSN 2068-3324).
14. Ruta Florina, Tarcea Monica, Rus Victoria, **Sălcudean Maria**, Moldovan Geanina, Sipos Remus. Acquisition prevalence of natural dietary supplements in a group of people from Targu Mures County. National Conference "Day of the family doctor" Family Medicine: a holistic approach centred on the patient, Targu Mures, 15-18.05.2019, (Rezumat publicat în Acta Medica Marisiensis, 2019, 65(4):14, ISSN 2068-3324).
15. Tarcea Monica, Nemes Levente, Cinpeanu Cristina, Ruta Florina, Rus Victoria, **Sălcudean Maria**. Management of obesity and other related non-communicable diseases. The Scientific Committee would like to acknowledge and thank the following reviewers for their time and expertise, in reviewing the submitted abstracts for the 3rd International Conference on Non-Communicable Diseases: Health risk factors and prevention of injuries and diseases, Chisinau, Republic of Moldova, 05-07.06.2019, ISBN 978-9975-82-141-4.
16. Fazakas Matild – Evelin, Dan Farcas, **Sălcudean Maria**. The nourishment of patients associated with cardiovascular diseases. The 5th National Conference on Nutrition and Dietetics "Current nutritional approaches to food allergies and intolerances", Targu Mures, 04-05.05.2018, (Rezumat publicat în Acta Medica Marisiensis, 2018, 64(2):8, ISSN 2068-3324).

17. Rus Victoria, Ruta Florina, Sipos Remus, Avram Calin, **Sălcudean Maria**, Dogar Catalin, Tarcea Monica. Analysis of gluten-free diet in a group of people from Targu Mures. The 5th National Conference on Nutrition and Dietetics "Current nutritional approaches to food allergies and intolerances", Targu Mures, 04-05.05.2018, (Rezumat publicat în Acta Medica Marisiensis, 2018, 64(2):14, ISSN 2068-3324).
18. Tarcea Monica , Rus Victoria, Fazakas Zita, Farr Ana Maria, Gliga Florina, **Sălcudean Maria**, Ruta Florina, Szucs Viktoria. Celiac disease and Romanian patient's accessibility to gluten free food products. The 5th National Conference on Nutrition and Dietetics "Current nutritional approaches to food allergies and intolerances", Targu Mures, 04-05.05.2018, (Rezumat publicat în Acta Medica Marisiensis, 2018, 64(2):16, ISSN 2068-3324).
19. Zita Fazakas, Tiberiu Nyulas, **Maria Sălcudean**, Catalin Moise Dogar. Motivațiile pentru alegerile alimentare ale persoanelor diagnosticate cu boli cardiovasculare. Conferinta Nationala Interdisciplinara, "Certitudini si perspective in nutritie si dietetica, de la copil la adult", Bucuresti, 8-10.03.2018, ISBN 978-606-94539-2-6.
20. Cristina Nasca, Florina Ruta, Victoria Rus, **Maria Sălcudean**, Monica Tarcea. Apitherapy – how to reduce risk of viral infections by strengthening the immune system in preschool children. The 16th International Symposium „Prospects for the 3rd Millennium Agriculture”, Cluj Napoca, 28-30 Septembrie, 2017 (Rezumat publicat in Bulletin of University of Agricultural Sciences and Veterinary Medicine Cluj-Napoca. Agriculture, 2017;4:146, ISSN: 2392 – 6937).
21. Iustinian Simion, Victoria Rus, **Maria Sălcudean**, Monica Tarcea, Florina Ruta. The risk profile for coffeine drinks consumption among Mures medical students. The 16th International Symposium „Prospects for the 3rd Millennium Agriculture”, Cluj Napoca, 28-30 Septembrie, 2017 (Rezumat publicat in Bulletin of University of Agricultural Sciences and Veterinary Medicine Cluj-Napoca. Agriculture, 2017;4:406, ISSN: 2392 – 6937).
22. Monica Tarcea, Zita Fazakas, Florina Ruta, Victoria Rus, **Maria Sălcudean**, Levente Nemes, Costela Serban, Raquel Guine. An insight of Romanians' knowledge about dietary fibers in relationship with cancer. One Health International Journal, 3(Suppl), S28, 2017, One Health New Medical Concept Association, Targu Mures, Romania, ISSN 2457-8770.
23. Simion Iustinian, Rus Victoria, **Sălcudean Maria**, Tarcea Monica, Ruta Florina. The risk profile for caffeine drinks consumption among Mures medical students. The 16th International Symposium „Prospects for the 3rd Millennium Agriculture”, Cluj Napoca, 28-30 Septembrie, 2017 (Rezumat publicat in Bulletin of University of Agricultural Sciences and Veterinary Medicine Cluj-Napoca. Agriculture, 2017;4:406, ISSN: 2392 – 6937).
24. Nașca Cristina, Tarcea Monica, Rus Victoria, **Sălcudean Maria**, Maios Ștefan, Torpan Laura, Ruța Florina. Viral infections and apitherapy in preschool children. The 4th Dietitian National Conference "Child obesity - Updates, Prevention and Treatment Perspectives", Târgu Mureș, 1-2 noiembrie 2017 (Rezumat publicat în Acta Medica Marisiensis, 2017;63(3):19, Acta Medica Marisiensis, 2017;63(3):19, ISSN 2068-3324).

25. Nechifor Ligia, Vlasin Adela, Avram Calin, **Sălcudean Maria**, Ruta Florina, Rus Victoria. Assessment of nutrition status of young people via body mass index. The 4th Dietitian National Conference "Child obesity - Updates, Prevention and Treatment Perspectives", Târgu Mureș, 1-2 noiembrie 2017 (Rezumat publicat în Acta Medica Marisiensis, 2017;63(3):20, Acta Medica Marisiensis, 2017;63(3):20, ISSN 2068-3324).
26. Rus Victoria, Nașca Cristina, Dogar Cătălin, **Sălcudean Maria**, Șipos Remus, Avram Călin, Morariu Mirabela, Ruța Florina. Relationship between dash-style diet and chronic disease in Târgu Mures adults. The 4th Dietitian National Conference "Child obesity - Updates, Prevention and Treatment Perspectives", Târgu Mureș, 1-2 noiembrie 2017 (Rezumat publicat Acta Medica Marisiensis, 2017;63(3):26, ISSN 2068-3324).
27. Tarcea Monica, Simion Iustinian, Ruța Florina, **Sălcudean Maria**, Dogar Cătălin, Buicu Florin. The risk of energy drinks consumption and obesity at Mures students. The 4th Dietitian National Conference "Child obesity - Updates, Prevention and Treatment Perspectives", Târgu Mureș, 1-2 noiembrie 2017 (Rezumat publicat Acta Medica Marisiensis, 2017;63(3):30, ISSN 2068-3324).
28. Vlasin Adela, Nechifor Ligia, **Sălcudean Maria**, Ruța Florina, Avram Calin, Rus Victoria. Performing the nutritional anamneses of inpatients from internal ward, at Târgu-Mures municipal hospital. The 4th Dietitian National Conference "Child obesity - Updates, Prevention and Treatment Perspectives", Târgu Mureș, 1-2 noiembrie 2017 (Rezumat publicat în Acta Medica Marisiensis, 2017;63(3):32, ISSN 2068-3324).
29. Rus Victoria, Ruța Florina, Istrate Andra, **Sălcudean Maria**, Dogar Cătălin, Radu Horia, Tarcea Monica. Assessment of coffee consumption in a sample of Mures county adults. The 3rd National Conference of Nutrition and Dietetics "Dietitian insertion in Romania Health System – from European to National level", Târgu Mureș, 4-5 noiembrie 2016 (Rezumat publicat Acta Medica Marisiensis, 2016;62(6):11, ISSN 2068-3324) cod CNCSIS 103.
30. Rus Victoria, Ruta Florina, Istrate Andra, **Sălcudean Maria**, Dogar Moise Catalin, Radu Horia, Tarcea Monica. Prevalence of natural dietary supplements consumption in a group of people from Târgu Mures. Conferința Națională de Nutriție și Dietetică "Insertia dieteticianului în Sistemul de Sănătate Românesc-de la nivel european la cel național", Târgu Mureș, 4-5.11.2016 (Rezumat publicat în Acta Medica Marisiensis, 2016;62(6):10, ISSN 2068-3324).

Articole publicate în rezumat în volumele unor manifestări științifice fără ISBN:

1. Tarcea Monica, Cristina Căneanu, Simion Iustinian, Nemeș Levente, **Sălcudean Maria**. Consumul de băuturi cu cofeină în rândul adolescenților mureșeni – evaluare de risc. Al X-lea Congres National de Medicină Școlară și Universitară, Cluj Napoca, 05-07.04.2019.
2. Nașca Cristina, Ruța Florina, **Sălcudean Maria**, Rus Victoria, Tarcea Monica. "How to improve the children immune system by using apitherapy", Proceedings of the Xth Congress of the Romanian Society of Apitherapy, septembrie 2017, București, pag. 41-42.
3. Mihai Georgescu, Florina Ruta, Victoria Rus, **Maria Sălcudean**, Iustin Bilibou, S. Voiculescu, S. Ignat, Monica Tarcea. Diet and food safety practices at Mures county

pregnant women. The 7th International Conference on Food Chemistry, Engineering & Technology, Timișoara, 25-26.05.2017, Book of abstract no. 37, P3.

4. Tarcea Monica, Ruța Florina, Rus Victoria, **Sălcudean Maria**, Bilibou Iustin, Neamtu Andra, Neghirla Adriana. Evaluarea statusului nutrițional la un grup de copii obezi mureșeni. Al VIII-lea Congres Național de Medicină Școlară și Universitară, Cluj Napoca, 28-29.04.2017.

Czinege Maria